

INDI GENUS!

Rediscover the potency and philosophy of the timeless beauty ingredients of this country. Technology has allowed their power to be harnessed and put into the jars and bottles of major brands across the world. By Pallavi Shankar



MILK & HONEY

Thanks to the deeply hydrating properties of these natural moisturisers, they work wonders on dry skin and hair. Oriflame's Milk & Honey Gold Conditioner, ₹ 229, gives the combined goodness of these age-old elixirs.

THE WHEA SACE MADE

NOT SHOW

in summer.

LOTUS This flower is a natural

brightener that reduces dark circles, sun spots and acne marks. Anokha, the New York-based niche skin care brand, focuses on using Indian ingredients. Its Lotus Flower and Rosewater Toner, ₹ 1,100, is a bestseller.

MINT This herb is an excellent

cleanser and detoxifier. Its refreshing smell is its USP and KOHL has companies importing it A must-have, it is one of from India for that reason. Try Jo Malone's White Jasmine India's biggest contributions and Mint Scented Candle, ₹1,900 (approx), to calm your has played muse to many, from Chanel to Chambor. senses after a rough day. Chambor Jumbo Kohl in

to the cosmetics industry and Grab the convenient-to-carry Mysteriously Intense, ₹ 375.

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REAL LUXURY ORGANIC

HAND LOTION

HONEY HASBEEN JO MALONE **USED IN AYURVEDIC** LAME **MEDICINE** LOTUS FLOWER WHITE JARNINE & MINT SEENTED CANDLE BOUGE PARFUMEE & ROSEWATER FOR4,000 TONER **YEARS** aroma (M) CHAMBOR

DAMASK ROSE According to Mughal

ANOKHA

historians, empress Noorjehan **ALOE VERA** discovered rosewater and its properties. Used largely in Aloe vera has many healing fragrances and lotions today, it properties and is great for sun is surely the queen bee of skin burn. It also keeps wrinkles care products. We love the away and soothes minor skin Crabtree & Evelyn Rosewater abrasions and rashes. Try the Dusting Powder, ₹1,695. Aroma Treasures Aloe Vera Face Wash. ₹ 150. to calm skin

@ 200ml 6.6fl.cz.

JASMINE

The sweet-smelling flower owes its romantic reputation to the Indian love god Kama, whose Cupid's arrows are said to be tipped with jasmine. It is also known for its therapeutic qualities. For that lingering jasmine aroma, try the Neom Organic Hand Lotion, ₹1,750.

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marie claire BEAUTY

COCONUT

This fruit is used for both skin and hair. Skin care expert Suparna Trikha suggests applying grated fresh coconut mixed with 1 tsp sandalwood and honey for 20 mins. Or opt for The Body Shop's Coconut Beautifying Oil, ₹895.

HIBISCUS

The flower has inspired perfumers and skin care brands, including Bylgari and now L'Occitane, which has come out with the Limited Edition Hibiscus Flower Ultra Rich Body Cream, ₹1,490, that nourishes dry skin.



G100ml TRARICHE,

AMLA

Indigenous to India, the gooseberry is loaded with anti-oxidants and its regular intake protects premature greying of the skin and hair. Use fresh amla juice to bleach your skin naturally or opt for holistic healing with Iraya's Detoxfying Amla Bath Blend, ₹ 645.

LEMON

Power-packed with Vitamin C, lemon is a natural skin brightener and exfoliator. In royal households, its rind would be dried, powdered and used as a scrub. To feel like a maharani yourself, try The Nature's Co. Lemon Peel Exfoliating Body Wash, ₹ 775.

BASIL

Tulsi or basil, considered sacred, is an intrinsic part of Indian culture. The plant's leaves are rich in nutrients and vitamins, and have destressing properties. Its fresh juice can be used to mattify oily skin. For a more hassle-free experience, try Mantra's Refreshing Basil Toner, ₹ 300.

HIBISCUS HAS INSPIRED SCENTS AND SKIN GOODIES

TURMERIC

This has emerged as the spice that flavours our meals and heals our wounds with equal efficacy. A potent anti-bacterial agent, turmeric reduces facial scars and acne and also clarifies skin tone. Hermès is one brand that has used it in the heart notes in its Terre D'Hermès EDP, for men ₹10,000 (approx).

SANDALWOOD REMOVES POST-ACNE MARKS AND MAKES THE SKIN SMOOTH AS PORCELAIN

FACIAL UBTAN Naturgi & Nagkesar 1.7 oz. / @ 50g

ÉMINENCE

ORGANIC SKIN CARE

Cucumber Mint

Sugar Scrub

NAGKESAR -

Famed for its immense medicinal value, nagkesar or the 'cobra' saffron, is a fantastic skin brightener. Forest Essentials has used it as a primary ingredient in its Narangi and Nagkesar Facial Ubtan, ₹ 595.

VETIVER

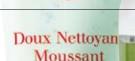
Cool and crisp, with a hint of saline-infused earth, it is a staple of classic European perfumery. Vetiver or khus is used in Guerlain Vetiver, ₹ 6,500 (approx). Created by Jean-Paul Guerlain in 1961, it stands out for its earthy scent.

ETERNITY

eau de parfum spray

vaporisateur

Calvin Klein



CLARINS

A la Pulpe de Tamarir d Micro-Perles Purifian Peaux Mixtes ou Grasse

Gentle Foaming

With Tamarind ad Purifying Micro Per Combination or Oily Ski

TAMARIND

BODY SCRUB

The tangy fruit pulp, thanks to its AHAs (alpha-hydroxy acids), exfoliates the skin and helps reduce spots and other blemishes. Clarins' Gentle Foaming Cleanser, ₹ 1,200, which contains tamarind, is an excellent choice for oily and dull skin.

CITRUS COMBO

A blend of basil and lemon is great for Indian skin as it helps counter pigmentation and sun spots caused by the tropics. "Both have natural bleaching properties," says Suparna Trikha. "Lemon is a natural astringent that helps close pores and basil is a mild antibiotic. Together they form a powerful de-tanning agent." We root for the Korres Basil Lemon Body Scrub, ₹ 1,200.

VETIVER

SANDALWOOD

Discovered about 4,000 years ago, sandalwood is a prime ingredient in perfumes and toiletries. Check out Calvin Klein's Eternity for women, ₹ 4,200. There is more to it than the aroma. "It removes post-acne marks and makes the skin almost porcelain-like," reveals Trikha.

CUCUMBER

The best natural eye cooling pad and a key ingredient in most under-eye gels, it helps remove dark circles and eye bags. Try Éminence's Cucumber Mint Sugar Scrub, ₹ 2,400 (approx).